Classes SUMMER 2026

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
6.00 CrossFit	6.00 CrossFit	6.00 CrossFit	6.00 CrossFit	6.00 CrossFit	9.00 Running Club	9.00 CrossFit
9.00 CrossFit	9.00 CrossFit	9.00 CrossFit	9.00 CrossFit	9.15 CrossFit		
		15.00 CF Teens				
17.30 CrossFit	18.00 CrossFit	17.30 CrossFit	18.00 CrossFit	17.30 Weight-lifting		
19.00 CrossFit	19.15 Strength& Endurance	19.00 CrossFit	19.15 Strength& Endurance	19.00 CrossFit		

THREE HILLS CROSSFIT